

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Garden Cove North



10:00 Exercise
11:00 Veterans meet in Community Room for photo session
 11:30 Lunch
 12:00 Afternoon Show
 1:30 Craft
 2:00 Coffee & Cookies
 4:00 Reminisce
 4:30 Dinner
 5:00 Time Together

2
 10:00 Exercise
 11:00 Music
 11:30 Lunch
 12:00 Afternoon Show
 1:30 Music
 2:00 Coffee & Cookies
 4:00 Finish the Line
 4:30 Dinner
 5:00 Time Together

3
 10:00 Exercise
 11:00 Let's Talk About Food
 11:30 Lunch
 12:00 Afternoon Show
 1:30 Games
 2:00 Coffee & Cookies
3:00 Vinnie Rose
 4:30 Dinner
 5:00 Time Together

4
 10:00 Exercise
 11:00 Music
 11:30 Lunch
 12:00 Afternoon Show
 2:00 Coffee & Cookies
 3:15 Afternoon Fun
 4:00 Finish the Line
 4:30 Dinner
 5:00 Time Together

5
 10:00 Exercise
 11:00 Trivia
 11:30 Lunch
 12:00 Afternoon Show
2:00 Ice Cream Sundaes
 4:00 Reminisce
 4:30 Dinner
 5:00 Time Together

Turn Clocks Back

6
 10:00 Devotional Show
 11:00 Let's Talk About Food
 11:30 Lunch
 12:00 Afternoon Show
 1:30 BINGO
 2:00 Cookies & Coffee
 4:00 Reminisce
 4:30 Dinner
 5:00 Time Together
Daylight Saving Time Ends

7
 10:00 Exercise
 11:00 Trivia
 11:30 Lunch
 12:00 Afternoon Show
 1:30 Games
 2:00 Coffee & Cookies
 4:00 All About Food
 4:30 Dinner
 5:00 Time Together

8
10:30 Catholic Worship
 11:00 Let's Talk About Food
 11:30 Lunch
 12:00 Afternoon Show
 1:30 Craft
 2:00 Coffee & Cookies
 4:00 Reminisce
 4:30 Dinner
 5:00 Time Together

9
 10:00 Exercise
 11:00 Music
 11:30 Lunch
 12:00 Afternoon Show
 1:30 Music
 2:00 Coffee & Cookies
3:00 Protestant Worship
 4:00 Finish the Line
 4:30 Dinner
 5:00 Time Together

10
 10:00 Exercise
 11:00 Let's Talk About Food
 11:30 Lunch
 12:00 Afternoon Show
 1:30 Games
 2:00 Coffee & Cookies
3:00 Dale Martell
 4:30 Dinner
 5:00 Time Together

11
 10:00 Exercise
 11:00 Music
 11:30 Lunch
 12:00 Afternoon Show
2:00 Veteran's Day Program
 3:15 Afternoon Fun
 4:00 Finish the Line
 4:30 Dinner
 5:00 Time Together
Veterans Day
 Remembrance Day (Canada)

12
 10:00 Exercise
 11:00 Trivia
 11:30 Lunch
 12:00 Afternoon Show
2:00 Ice Cream Sundaes
 4:00 Reminisce
 4:30 Dinner
 5:00 Time Together

13
 10:00 Devotional Show
 12:00 Let's Talk About Food
 12:30 Lunch
 1:00 Afternoon Show
 2:30 Game
 3:00 Coffee & Cookies
 5:00 Reminisce
 5:30 Dinner
 6:00 Time Together

14
 10:00 Exercise
 11:00 Trivia
 11:30 Lunch
 12:00 Afternoon Show
 1:30 Games
 2:00 Coffee & Cookies
 4:00 All About Food
 4:30 Dinner
 5:00 Time Together

15
 10:00 Exercise
 11:00 Let's Talk About Food
 11:30 Lunch
 12:00 Afternoon Show
 1:30 Craft
 2:00 Coffee & Cookies
 4:00 Reminisce
 4:30 Dinner
 5:00 Time Together

16
 10:00 Exercise
 11:00 Music
11:30 Brunch
 12:00 Afternoon Show
 1:30 Music
 2:00 Coffee & Cookies
 4:00 Finish the Line
 4:30 Dinner
 5:00 Time Together

17
 10:00 Exercise
 11:00 Let's Talk About Food
 11:30 Lunch
 12:00 Afternoon Show
 1:30 Games
 2:00 Coffee & Cookies
3:00 Jim & Dan
 4:30 Dinner
 5:00 Time Together

18
 10:00 Exercise
 11:00 Music
 11:30 Lunch
 12:00 Afternoon Show
 2:00 Coffee & Cookies
 3:15 Afternoon Fun
 4:00 Finish the Line
 4:30 Dinner
 5:00 Time Together

19
 10:00 Exercise
 11:00 Trivia
 11:30 Lunch
 12:00 Afternoon Show
2:00 Ice Cream Sundaes
 4:00 Reminisce
 4:30 Dinner
 5:00 Time Together

20
 10:00 Devotional Show
 12:00 Let's Talk About Food
 12:30 Lunch
 1:00 Afternoon Show
 2:30 Game
 3:00 Coffee & Cookies
 5:00 Reminisce
 5:30 Dinner
 6:00 Time Together

21
 10:00 Exercise
 11:00 Trivia
 11:30 Lunch
 12:00 Afternoon Show
 1:30 Games
 2:00 Coffee & Cookies
 4:00 All About Food
 4:30 Dinner
 5:00 Time Together

22
10:30 Catholic Worship
 11:00 Let's Talk About Food
 11:30 Lunch
 12:00 Afternoon Show
 1:30 Craft
 2:00 Coffee & Cookies
 4:00 Reminisce
 4:30 Dinner
 5:00 Time Together

23
 10:00 Exercise
 11:00 Music
 11:30 Lunch
 12:00 Afternoon Show
 1:30 Music
2:30 Thanksgiving Worship
 4:00 Finish the Line
 4:30 Dinner
 5:00 Time Together



25
 10:00 Exercise
 11:00 Music
 11:30 Lunch
 12:00 Afternoon Show
 2:00 Coffee & Cookies
 3:15 Afternoon Fun
 4:00 Finish the Line
 4:30 Dinner
 5:00 Time Together

26
 10:00 Exercise
 11:00 Trivia
 11:30 Lunch
 12:00 Afternoon Show
2:00 Ice Cream Sundaes
 4:00 Reminisce
 4:30 Dinner
 5:00 Time Together

27
 10:00 Devotional Show
 12:00 Let's Talk About Food
 12:30 Lunch
 1:00 Afternoon Show
 2:30 Game
 3:00 Coffee & Cookies
 5:00 Reminisce
 5:30 Dinner
 6:00 Time Together

28
 10:00 Exercise
 11:00 Trivia
 11:30 Lunch
 12:00 Afternoon Show
1:30 Decorating
 2:00 Coffee & Cookies
 4:00 All About Food
 4:30 Dinner
 5:00 Time Together

29
 10:00 Exercise
 11:00 Let's Talk About Food
 11:30 Lunch
 12:00 Afternoon Show
 1:30 Craft
 2:00 Coffee & Cookies
 4:00 Reminisce
 4:30 Dinner
 5:00 Time Together

30
 10:00 Exercise
 11:00 Music
 11:30 Lunch
 12:00 Afternoon Show
 1:30 Music
 2:00 Coffee & Cookies
 4:00 Finish the Line
 4:30 Dinner
 5:00 Time Together

